



*Angsamerah*

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COMPANY PROFILE



## Angsamerah Institution

Angsamerah Institution is a private organisation established in 2007 by Dr. Nurlan Silitonga, a sexual and reproductive health physician with more than 20 years experience in international clinical research and public health consultancy working in collaboration with organisations such as UNAIDS, USAID, AUSAID, World Health Organisation, the Indonesian Ministry of Health and Ministry of Justice and Human Rights.

The institution, consisting in a wide network of Indonesian and international medical experts and specialists highly experienced in their respective fields (public health, research, technical assistance, teaching and mentoring), primarily works towards improving the Indonesian health care system by providing public health consulting, creating innovative models for delivering services and training health care professionals.

Angsamerah Institution values innovation, quality, partnership and its long-term vision is an Indonesia in which all people are free to express their sexuality; are empowered to take responsibility for their sexual and reproductive health; are well informed; and are capable of easily accessing services.

### Services

Angsamerah Institution provides a wide variety of services aimed at public and private organisations ranging from public health consultancies to educational trainings and workshops to companies staff, schools or communities.

We design and manage public health projects, develop innovative and tangible concepts and models for delivering health care for program developments or business investments through specific technical and strategic inputs.

We provide trainings on reproductive and sexual health including HIV and other sexually transmitted infections to health care professionals, as well as on setting up and managing medical practices and improving skills about strategic thinking and interpersonal communication.

We also provide in-house doctors for companies eager to dispense more accessible medical services to their employees.

### Achievements

Angsamerah Institution has been awarded the management of several public health projects funded by international institutions such as USAID, SUM II, UNFPA, and ASHM to develop and implement innovative models for delivering health care services throughout Indonesia.

Public health consultancies have been conducted at a local and national level for established public and private Indonesian institutions.

Angsamerah Institution has also been actively conducting trainings related to sexual and reproductive health including HIV and other STIs for medical professionals from the public and private sector in several provinces in Indonesia.

### Foundation

As part of Angsamerah Institution's services, a foundation was created to promote the development of more affordable clinics while maintaining the same level of services and competency as the main Angsamerah Clinic.

Angsamerah Foundation is working on a variety of internationally funded projects to help improve access to health care services throughout Indonesia. Such projects saw the creation in 2013 of a satellite clinic in South Jakarta, Klinik Yayasan Angsamerah, thanks to a partnership with USAID-SUMII and the contribution from other partners such as COFRA Foundation and the Indonesian Ministry of Health.

As a not-for-profit organisation, the foundation raises funds through the following means:

- 10% of the profits from Angsamerah Clinic is paid to the foundation.
- Application to international and national donors for funding specific programs in designated locations.
- Donations from the private sector and the general public.

### Partners

AIDSina  
 GWL-Ina  
 PKVHI (Association of Indonesian VCT Counselors)  
 RSPI SS (Infectious Disease Hospital Soelanti Saroso)  
 KPAN (National AIDS Commission)  
 KPAP DKI Jakarta (Provincial AIDS Commission DKI Jakarta)  
 FK UKI (Medical Faculty of Universitas Kristen Indonesia)  
 RSPAD (Central Army Hospital)  
 ASHM (Australasian Society for HIV Medicine)  
 IDI (Indonesian Medical Association)  
 Faculty of Medicine, Sydney University  
 Faculty of Psychology, Atmajaya University  
 USAID SUM II Program (Scaling Up for Most-at-risk populations)  
 Spiritia Foundation  
 COFRA Foundation  
 House of Perempuan Foundation (HOPE)  
 Yayasan Inter Medika  
 Yayasan Bali Peduli  
 Yayasan Kasih Suwitno  
 Bali Medika  
 Carlo Clinic, Carolus Hospital  
 Thai Red Cross AIDS Research Center (TemanTeman, Adam's Love)  
 Sinar Mas Health Insurance  
 Bank BRI, Bank Danamon  
 Guetau.com, Vermale.com



## Angsamerah Clinic

Angsamerah Clinic is a general health care clinic, specializing in reproductive and sexual health, established in 2010 and located in Central Jakarta. Modern and unconventional, it is fully equipped with 3D ultrasound, laboratory, pharmacy, spacious consultation rooms and a training room available for courses, workshops or peer support mentoring and counseling.

Our dedicated team of multi-lingual physicians, specialists, psychologists and life coaches strives to provide services of the highest international standards, by putting comfort, privacy and confidentiality as the utmost priority. By appointment only, with no waiting time guaranteed.

Our laboratory provides rapid test results (within 15 minutes) for general screenings and sexually transmitted infections (HIV, CD4 Count, Syphilis, Microscopic Genital Discharge, Sperm Analysis, etc). We also provide advanced testing and diagnostics through partner laboratories.

Our mission is to provide appropriate, accessible and affordable services that are holistic and of consistently high quality to our patients and ensure that accurate information on sexual health is given regardless of their sexual orientation, gender, profession, or marital status. The clinic is a certified satellite provider for Anti-Retroviral Treatment of HIV-AIDS by Soelianti Soeroro Infectious Disease Hospital.

### Women's Health

Vaginal discharge, menstrual problems, dysuria, menopause, abdominal pain

Pap smear (early detection of cervical cancer)

Breast examination (early detection of breast cancer)

Sexually Transmitted Infections screening and management (HIV, syphilis, gonorrhea, chlamydia, wart, candida, trichomonas, etc)

Contraception, infertility, pregnancy

Sexual dysfunction (pain during intercourse, anorgasmia, etc)

### Men's Health

Erectile dysfunction, premature ejaculation, urethral discharge, urinating difficulties, dysuria

Anal Pap smear (early detection of anal cancer)

Sexually Transmitted Infections screening and management

Infertility (sperm analysis)

Vaccination (Human Papilloma Virus, Hepatitis B, Post Exposure Prophylaxis for HIV patients, etc)

### Mind's Health

Self care counseling

Couple counseling

Parenting sex counseling

Youth sexuality counseling

Sexual abuse counseling

Addiction treatment (alcohol, drugs, sex, etc)

#### Physicians

Dr Nurlan Silitonga (MMed), Dr Jacqueline Ray, Dr Lamsaria Siburian (MARS), Dr Stanislaus Bondan (MKes), Dr Budarto, Dr Evi Doureen, Dr Alia Hartanti, Dr Gina Anindyajati

#### Psychologists

Baby Jim Aditya (MPs), Adhe Zamzam Prasasti (Ps)

#### Life Coach

Martine Casagrande

#### Medical Consultants

Dr Ratna Mardiat (Psychiatrist), Dr Heru Oentoeng (Andrologist), Dr Yahya Dhamawan (Obstetrician & Gynecologist), Dr Janto Lingga (Pulmonologist), Dr Mangatas Manalu (Internist)

#### Experts

angsamerahexperts.blogspot.com

#### Articles

angsamerahexperts.blogspot.com

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